



Avologi Luminice Body Toning Device

1. Simply select your preferred energy level- starting with level 1 and gradually increasing.
2. Apply a uniform layer of the treatment gel in a mask-like layer onto the treatment area.
3. Body Advanced will turn on automatically upon skin contact. Glide Body Advanced in an upward motion using long slow glides with gentle pressure.
4. For optimal results use 5 times a week for 5 minutes each area for the first two months (8 weeks). Use 2 times a week for maintenance for 5 minutes each area.
5. Once done, massage into skin any excess treatment gel and clean Body Advanced with a dry cloth.
6. Body Advanced is suitable for all skin types and tones. We designed it especially to fit almost any part of our bodies such as arms, buttocks, thighs, waist, and hips.