



1. Begin by charging the device for at least 6 hours before using.
2. Once fully charged you will use the device 3 times a week for the first month. After the first month we recommend using at least once to twice a month for maintaining results.
3. Please watch the instructional video for tips on how to use the device. Remember, you can use the device on the entire body.
4. It's recommended to use any type of hydration to treated areas after each use of the device. We recommend using coconut oil or lubricant gel to help the machine glide and to boost the overall effect.
5. For more details visit:
<https://avologi.com/product/eneo-totale/>